



Spring Menu week 2

Monday

Midday Meal

Pork Spareribs
with BBQ Sauce
Mash Potato
Roast Seasonal
Vegetables

*Apple & Rhubarb Pie
with Custard*

Evening Meal

Hot & Sour
Soup

Sticky Chicken
Drumsticks
Herbed Potatoes
Asian Vegetables

*Coconut Rice
Pudding*

Tuesday

Midday Meal

Cottage Pie & Gravy
Carrots
Beans

Lemon Meringue Pie

Evening Meal

Chicken & Mushroom
Soup

Beer Battered Fish
with Lemon Sauce
Seasoned Fries
Garden Salad

Fruit Custard Slice

Wednesday

Midday Meal

Corned Silverside
with Mustard Sauce
Parsley Potato
Steamed Pumpkin
Savoury Cabbage

*Almond Cake with
Tangy Lemon Cream*

Evening Meal

Potato, Leek & Bacon
Soup

Homemade Beef
Rissoles
Mashed Potato
Grilled Zucchini &
Cherry Tomatoes

*Lychee & Strawberry
Jelly*

Thursday

Midday Meal

Creamy Parmesan
Chicken Thighs
Roasted Diced
Potatoes
Green Beans
Carrot Sticks

*Crepes with
Passionfruit Coulis
& Cream*

Evening Meal

Tomato & Lentil Soup

Tortellini Carbonara
Garden Salad
Garlic Bread

Peach Melba

Friday

Midday Meal

Seafood Basket
Chips
Coleslaw

*Bread & Butter
Pudding with Apricots*

Evening Meal

Lamb Shank Soup

Grilled Sausages
& Gravy
Scalloped Potatoes
Carrots
Peas

Mango Blancmange

Saturday

Midday Meal

Beef Lasagne
Garden Salad
Garlic Bread

Fruit Pavlova

Evening Meal

Pea & Ham Soup

Tandoori Chicken
Cherry Tomato Salad
Raita
Naan Bread

*Chocolate
Pannacotta*

Sunday

Midday Meal

Roast Pork with
Gravy & Apple
Sauce
Roast Potato
Roast Pumpkin
Roast Zucchini

Pineapple Trifle

Evening Meal

Seafood Chowder

Hotdogs in Rolls
with Cheese
Chips

*Rum & Raisin
Ice Cream*

